



SETTING THE STANDARD FOR PSYCHIATRIC & ADDICTION SERVICES

Assessments offered 24/7 – Walk-ins welcome anytime!

Adolescent & Adult Acute Psychiatric Care

Our Adolescent (12-17 years) & Adult Acute Treatment Programs are designed for patients who require short-term, crisis stabilization for acute symptoms like suicidal or homicidal thoughts, depression, psychosis, hallucinations, substance abuse, and other psychological, behavioral, and emotional conditions.

Referrals can be made by calling **575.382.4998** or **800.877.3500**. You will be asked to provide documentation regarding the patient’s current mental status and any other collateral that could help determine a person’s level of care needs.

We accept New Mexico Medicaid, Medicare, TRICARE®, and other insurance plans for acute care.

Adolescent Residential Treatment Center (RTC)

Our Adolescent RTC is a trauma-informed program for youth ages 12 to 17 who require intensive, structured care for emotional, psychological, and addiction issues. We have one unit for males and one for females. Our treatment approach is one that recognizes many adolescent behavioral health concerns are related to trauma.

Referrals can be made by calling **Marissa Love, RTC Admissions Coordinator** at **575.382.4922** or Assessment & Referral at **575.382.4998**. You will be asked to provide documentation about mental health history & status, chronological offense records, insurance, current labs (if client is hospitalized), and any other helpful information.

We accept TRICARE®, New Mexico Medicaid, and other insurance plans for RTC.

Adult Addiction Recovery Center

We provide a medically-managed and monitored inpatient rehab and detox for adults struggling with alcohol & drug addiction. Patients gain valuable insight into addiction and relapse prevention, along with attaining coping skills to help them achieve recovery.

Referrals can be made by calling **Eric Carrie, Recovery Admissions Coordinator** at **575.382.4925** or Assessment & Referral at **575.382.4998**. You will be asked to provide information about the person’s current substance use, treatment history, medical issues, insurance, and other collateral to help determine the person’s level of care needs. A clinical assessment will be provided either in-person or by phone, depending on insurance requirements.

We accept TRICARE®, Medicare, and other insurance plans for the Addiction Recovery Center.

Journey to Recovery Day Treatment

Journey to Recovery is a Partial Hospitalization Program (PHP) for adults who need intense treatment for alcohol & drug addiction and co-occurring mental health conditions. PHP utilizes a Matrix Model approach to addiction treatment to help patients identify, develop and practice lifestyle changes necessary for improving functioning and staying free of drugs and alcohol while avoiding hospitalization or serving as a stepdown from inpatient care.

Referrals can be made by calling **Eric Carrie, Recovery Admissions Coordinator** at **575.382.4925** or Assessment & Referral at **575.382.4998**. You will be asked to provide collateral information that assists in evaluating a person’s level of care needs.

We accept TRICARE®, Medicare, and other insurance plans for PHP.

575.382.4998 or 800.877.3500

Fax: 575.382.9043



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Assessment & Admission Process

- Mesilla Valley Hospital offers assessments for adolescents and adults, 24 hours a day, seven days a week. To make a referral or schedule an assessment, please call 575.382.3500 or 800.877.3500.
- An appointment is not required for an assessment, as we accept walk-ins anytime. Also, a patient does not always have to be medically-cleared through an emergency room. If a person is medically-stable, he/she can present to Mesilla Valley Hospital for an assessment directly.
- When making a referral, please provide all information requested to the Assessment & Referral staff via fax at 575.382.9043. Be sure your client and his/her guardian (if appropriate) sign all the forms to assure you will be able to obtain information you deem necessary.
- Once a patient has been assessed, the clinical staff, along with the attending physician, will determine the appropriate level of care and whether the patient requires hospitalization. A staff member will provide follow-up regarding the patient, once the appropriate release of information forms are signed.
- If a patient is admitted, he/she will receive a Patient Code Number. Family members, friends, and providers who wish to speak directly to the patient during visiting and phone hours must have this number. If you are a provider, we must have a signed release of information in order to communicate about a patient's care.
- During a patient's stay, you may be asked to be involved in treatment planning, depending on what is determined by the physician to be clinically-appropriate.
- Upon discharge, the attending physician will dictate a discharge summary. Please contact the Medical Records Department to assist you in obtaining the discharge summary. An approved release of information is required to obtain any patient documentation.

	<u>Direct Phone Numbers</u>	<u>Fax Numbers</u>
Admissions	575.382.4998	575.382.9043
Business Development	575.382.4927	575.382.4900
Clinical Services	575.382.6677	575.382.4900
Discharge Planning	575.382.6664	575.382.4907
Del Rey School	575.382.6611	575.382.6610
Human Resources	575.382.4988	575.382.4999
Medical Records	575.382.6636	575.382.4904
Partial Hospitalization Program	575.382.6673	575.382.4900