



**GUIDING MENTAL HEALTH & ADDICTION RECOVERY**

Mesilla Valley Hospital offers both inpatient and outpatient specialized programs to serve the diverse behavioral health needs of adolescents (12-17 years) and adults who are experiencing any of the following and other conditions:

- ◆ Suicidal/Homicidal Thoughts
- ◆ Depression/Anxiety/Panic Attacks
- ◆ Substance Abuse & Addiction
- ◆ Psychosis/Delusions/Hallucinations
- ◆ Severe Agitation/Aggression
- ◆ Symptoms related to Post-Traumatic Stress Disorder (PTSD), Bipolar Disorder, Schizophrenia, Major Depressive Disorder, and other psychiatric diagnoses.

We provide the following as part of our treatment programs:

- ◆ Multidisciplinary assessment to evaluate a person's behavioral health history, to address current needs, and to plan for aftercare
- ◆ Medication management & education by a psychiatric physician
- ◆ Individualized treatment plan focusing on each patient's specific needs and goals
- ◆ Individual, group, and family therapy
- ◆ Stress management and coping skills development
- ◆ Family education and support
- ◆ 24-hour nursing supervision in a locked and safe setting
- ◆ On-site Alcoholics Anonymous (AA) & Narcotics Anonymous (NA) meetings

*We accept Medicare, TRICARE®, New Mexico Centennial Care Plans, and most commercial insurance plans.*

**OUR PROGRAMS**

Mesilla Valley Hospital provides mental health & addiction services for adolescents (12-17) and adults, including:

- Adolescent & Adult Acute Psychiatric Care
- Adolescent Residential Treatment Center (RTC) for Girls
- Adult Psychiatric ICU
- Adult Rehab & Recovery
- Chemical Dependency Detoxification
- Partial Hospitalization Program (PHP) for Chemical Dependency & Mental Health

**Call our Referral Line  
anytime at:**

**575.382.3500**

**800.877.3500**

**Free assessments  
available 24/7...**

**Walk-ins always  
welcome!**



**Learn more at: [mesillavalleyhospital.com](http://mesillavalleyhospital.com)**